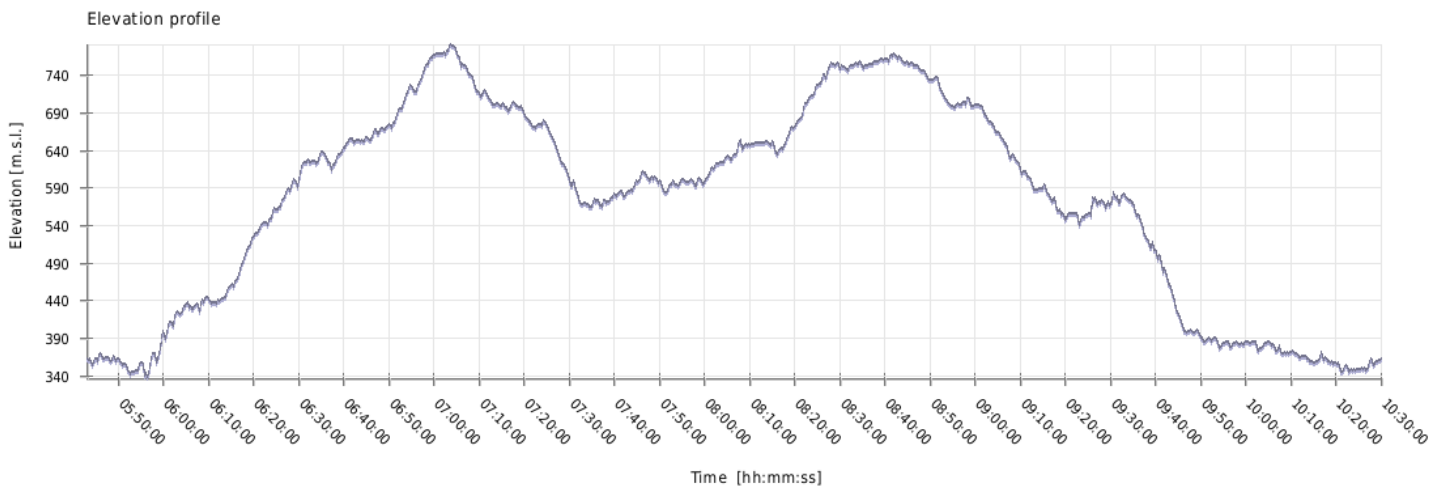
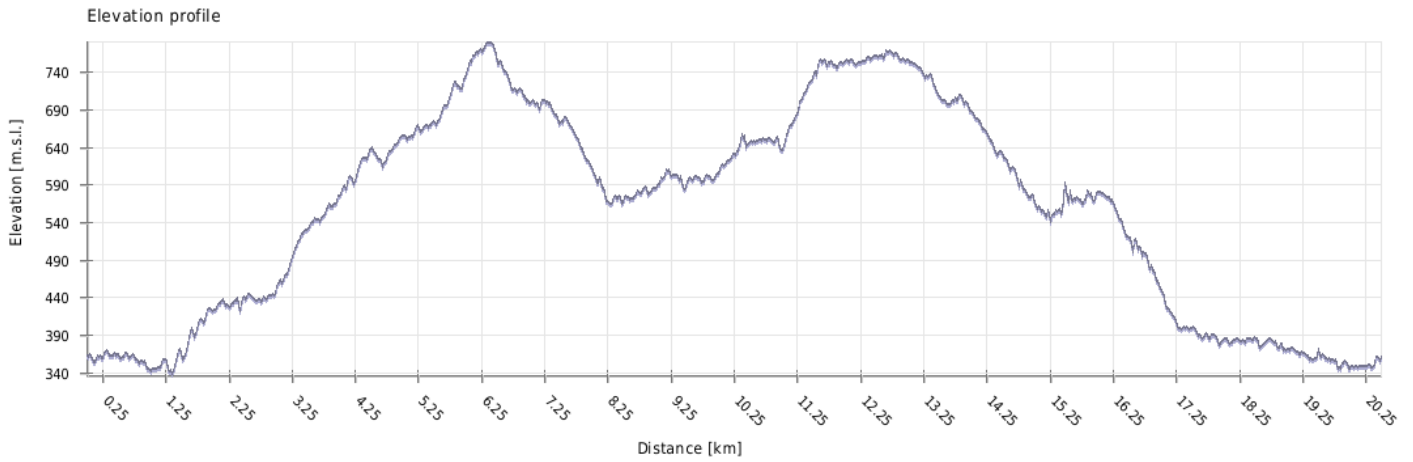
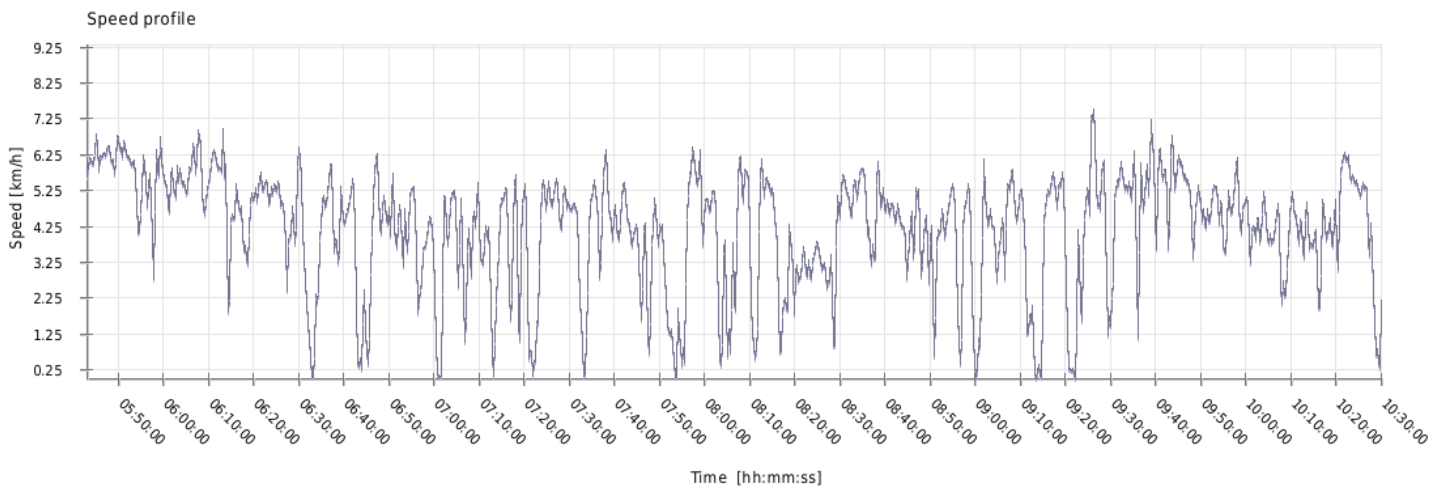
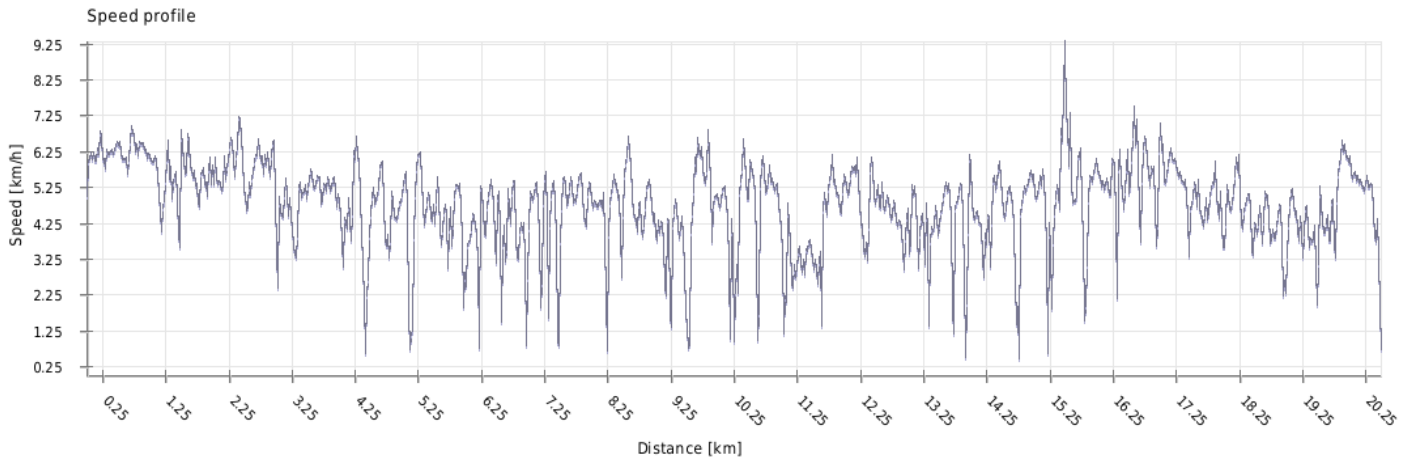


## Elevation



Minimum elevation:	336 m.s.l.
Maximum elevation:	781 m.s.l.
Average elevation:	578 m.s.l.
Maximum difference:	445 m
Total climbing:	2294 m
Total descent:	2294 m
Start elevation:	363 m.s.l.
End elevation:	363 m.s.l.
Final balance:	0 m

## Speed



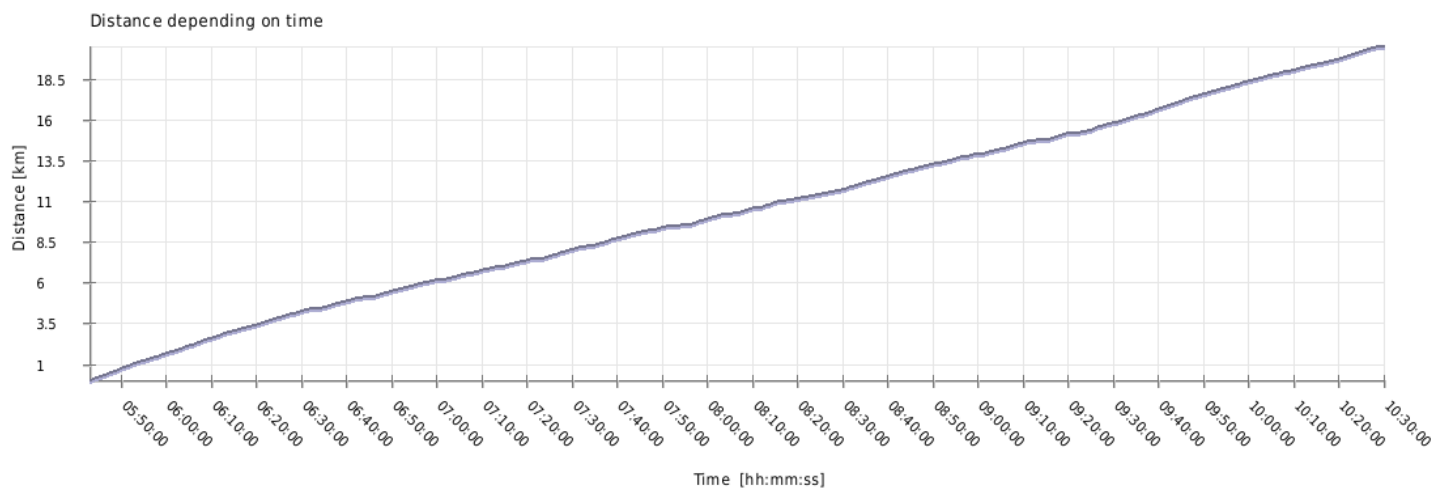
Minimum speed:	0 km/h
Maximum speed:	9.3 km/h
Average climbing speed :	5.4 km/h
Average descent speed :	5.4 km/h
Average flat speed:	5.2 km/h
Average speed:	5.4 km/h

## Time

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Date of track:	16.7.2016
Start time:	05:43:06
End time:	10:30:08
Total track time:	4h 47m 02s
Climbing time:	1h 48m 50s
Descent time:	1h 44m 50s
Flat time:	1h 13m 22s

## Distance



Total flat distance:	19.4 km
Total real distance:	20.5 km
Climbing distance:	8.4 km
Descent distance:	8.5 km
Flat distance:	3.6 km